

August 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
	8:30a Total Fitness 8:30a Aqua Fit 9:30a Art Class 10a Sit Fit 11a Yoga 7:45p Movie Series: Prime Suspect	8:15a Aqua Fit 8:30a Tai Chi 9:45a Body Moves 10:30a Line Dancing 10:30a Equipment Orientation 7:45p Movie: Mrs. Dalloway	8:30a Total Fitness 8:30a Aqua Fit 10a Sit Fit 10:30a Chapel 2p Scrabble 2p Tap Dancing 4p Wellness Art Reception: Pauline Nichols 7:30p Dancing After Dark	8:15a Aqua Fit 8:30a Tai Chi Meditation 9a Tai Chi 9:45a Body Moves 10:30a Line Dancing 2p Beginner Bridge 4p Indoor Group Games 5:15p Jim in the Cafe 7:45p Peter Tavelin, improv piano	8:30a Total Fitness 10a Sit Fit 10a Café Chat: Harry 10:30a Chapel Talk 7:30p Dancing After Dark	10a eTeam Clinic
7	8	9	10	11	12	13
2p Movie: Finest Hours 7p Movie: Finest Hours	8:30a Total Fitness 11a Yoga 11:30a Bus: Lunch at Beulah and Woman's Exchange 7:45p Movie Series: Prime Suspect	8:15a Aqua Fit 8:30a Tai Chi 9a Chair Massage 9:45a Body Moves 9:45a Art: Watercolors Sue Cotton 10a Eyeglass Adjustments 10:30a Line Dancing 10:30a Equipment Orientation 11a Episcopal Eucharist 7:45p Movie: Island in the Sky	8:30a Total Fitness 8:30a Aqua Fit 9:00a Chair Massage 10a Sit Fit 10:30a Chapel 2p Scrabble 2p Tap Dancing 7:30p Dancing After Dark 7:45p National Park System	8:15a Aqua Fit 8:30a Tai Chi Meditation 9a Tai Chi 9:45a Body Moves 10:30a Catholic Mass 10:30a Line Dancing 2p Beginner Bridge 4p Indoor Group Games 6p Paul in the Cafe	10a Sit Fit 10:30a Chapel Talk 7:30p Dancing After Dark	
14	15	16	17	18	19	20
2p Movie: Notes on a Scandal 7p Movie: Notes on a Scandal	8:30a Total Fitness 8:30a Aqua Fit 11a Yoga 11a Muse Moments 7:45p Movie Series: Prime Suspect	8:15a Aqua Fit 8:30a Tai Chi 9:45a Body Moves 9:45a Art: Watercolors Sue Cotton 10a Cafe Chat: Rene 10:30a Line Dancing 10:30a Equipment Orientation 11:30a Summer Book Luncheon 3p Caregiver Support 7:45p Movie: Eye in the Sky	8:30a Total Fitness 8:30a Aqua Fit 10a Sit Fit 10:30a Chapel 2p Scrabble 2p Tap Dancing 7:30p Dancing After Dark	8:15a Aqua Fit 8:30a Tai Chi Meditation 9a Tai Chi 9:45a Body Moves 10:30a Line Dancing 2p Beginner Bridge 4p Indoor Group Games 6p Paul in the Cafe 7:45p Keith Slater, DOT	8:30a Total Fitness 10a Sit Fit 10:30a Chapel Talk 7:30p Dancing After Dark	10a eTeam Clinic
21	22	23	24	25	26	27
2p Movie: Paradise Road 7p Movie: Paradise Road	8:30a Total Fitness 8:30a Aqua Fit 10a Sit Fit 11a Yoga 7:45p Movie Series: Prime Suspect	8:15a Aqua Fit 8:30a Tai Chi 9a Chair Massage 9:45a Body Moves 9:45a Art: Watercolors Sue Cotton 10:30a Line Dancing 10:30a Equipment Orientation 7:45p Movie: Dead Again	8:30a Total Fitness 8:30a Aqua Fit 9:00a Chair Massage 10a Sit Fit 10:30a Chapel 2p Scrabble 2p Tap Dancing 5p -7:00 Magicians in Cafe and Mayflower 7:30p Dancing After Dark	8:15a Aqua Fit 8:30a Tai Chi Meditation 9a Tai Chi 9:45a Body Moves 10:30a Catholic Mass 10:30a Line Dancing 2p Beginner Bridge 2p Feldenkrais 4p Indoor Group Games 5:15p Jim in the Cafe	8:30a Total Fitness 10a Sit Fit 10:30a Chapel Talk 7:30p Dancing After Dark	
28	29	30	31			
2p Movie: Midsummer Night's Dream 7p Movie: Midsummer Night's Dream	8:30a Total Fitness 8:30a Aqua Fit 10a Sit Fit 11a Yoga 7:45p Movie Series: Prime Suspect	VOTE 7AM-7PM 8:15a Aqua Fit 8:30a Tai Chi 9:45a Body Moves 9:45a Art: Watercolors Sue Cotton 10:30a Line Dancing 10:30a Equipment Orientation 2p Cafe Chat: Rene 7:45p Movie: Dave 	8:30a Total Fitness 8:30a Aqua Fit 10a Sit Fit 10:30a Chapel 2p Scrabble 2p Tap Dancing 3p Art & Artists 5:15p Bus: Mozaic Restaurant 7:30p Dancing After Dark			