

Plymouth Harbor -- March 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
			1	2	3	4
			Ash Wednesday 8:30a Total Fitness 8:30a Aqua Fit 9:30a Chair Massage 10a Sit Fit 10:30a Chapel 2p Scrabble 2p Tap Dancing 4p TED Talks 7:15p Bus: Van Wezel	8:15a Aqua Fit 8:30a Tai Chi Meditation 9a Tai Chi 9:45a Body Moves 10:30a Line Dancing 10:30a SILL 4p Bocce 4p Health Matters 6p Paul in the Cafe	8:30a Total Fitness 8:30a Aqua Therapy 10a Sit Fit 11a Chapel Talk 3p Resident Meeting	10a eTeam 11a Yoga 5p Flash Mob: Les Miserables
5	6	7	8	9	10	11
1p Bus: Opera 2p Movie: Thoroughly Modern Millie 7p Movie: Moonlight	8:30a Total Fitness 8:30a Aqua Fit 9:45a Bus: Town Hall 10a Sit Fit 11a Muse Moments 1:30p Powerful Tools 2p Tap Dancing 7:30p Series: Wolf Hall	8:15a Aqua Fit 8:30a Tai Chi 9:45a Body Moves 10:30a Line Dancing 7:30p Movie: Tender Mercies	8:30a Total Fitness 8:30a Aqua Fit 9:30a Chair Massage 10a Sit Fit 10:30a Chapel 2p Scrabble 2p Tap Dancing 3:30p 92nd Street Y	8:15a Aqua Fit 8:30a Tai Chi Meditation 9a Tai Chi 9:45a Body Moves 10:30a Catholic Mass 10:30a Line Dancing 10:30a SILL 4p Bocce 6p Paul in the Cafe 7:45p Asolo Playreaders	8:30a Total Fitness 8:30a Aqua Therapy 10a Café Chat: Harry 10a Sit Fit 11a Chapel Talk 4p Book Discussion	9:30a Board of Directors 11a Yoga 1:15p Bus: Ballet
12	13	14	15	16	17	18
Daylight Saving Time Begins Purim 1p Bus: Opera 2p Movie: Ordinary People 2:30p Bus: FST 7p Movie: Manchester by the Sea 	Spring Begins 8:30a Total Fitness 8:30a Aqua Fit 10a Sit Fit 1:30p Powerful Tools 2p Tap Dancing 4p Drum Circle 7:30p Series: Wolf Hall	8:15a Aqua Fit 8:30a Tai Chi 9a -3:30pm AARP Driver Course 9:30a Chair Massage 9:45a Body Moves 10a Eyeglass Adjustments 10:30a Line Dancing 11a Episcopal Eucharist 5:00p -7:30 Magicians 7:30p Movie: Boy in the Striped Pajamas	8:30a Total Fitness 8:30a Aqua Fit 9:30a Chair Massage 10a Sit Fit 10:30a Chapel 11a Balance Clinic* 2p Scrabble 2p Tap Dancing *reservations required	8:15a Aqua Fit 8:30a Tai Chi Meditation 9a Tai Chi 9:45a Body Moves 10:30a Line Dancing 10:30a SILL 4p Bocce 5:15p Jim in the Cafe 7:45p Peter Salomon, vocalist	St. Patrick's Day 8:30a Total Fitness 8:30a Aqua Therapy 10a Sit Fit 11a Chapel Talk 3p Resident Meeting 	10a eTeam 11a Yoga 7p French Film 7:15p Bus: SRQ Orchestra
19	20	21	22	23	24	25
1p Bus: Opera 1:45p Bus: SRQ Orchestra 2p Movie: Change of Habit 7p Movie: Fences	8:30a Total Fitness 8:30a Aqua Fit 10a Sit Fit 1:30p Powerful Tools 2p Tap Dancing 7:30p Series: Wolf Hall	8:15a Aqua Fit 8:30a Tai Chi 9:45a Body Moves 10:30a Line Dancing 10:30a Bus: Landfill Tour 2p Café Chat: Rene 3p Caregiver Support 7:45p Crystal Trio	8:30a Total Fitness 8:30a Aqua Fit 9:30a Chair Massage 9:45a Bus: Town Hall 10a Sit Fit 10:30a Chapel 2p Scrabble 2p Tap Dancing 3p Art & Artists 6:45p Bus: Asolo	8:15a Aqua Fit 8:30a Tai Chi Meditation 9a Tai Chi 9:45a Body Moves 10:30a Catholic Mass 10:30a Line Dancing 10:30a SILL 4p Bocce 4p Dave Sanderson 6p Paul in the Cafe	8:30a Total Fitness 8:30a Aqua Therapy 9:45a Bus: Frida Kahlo exhibit 10a Sit Fit 11a Chapel Talk	9:30a Colony Meeting 11a Yoga
26	27	28	29	30	31	
2p Movie: What's So Bad About Feeling Good? 7p Movie: Jackie	8:30a Total Fitness 8:30a Aqua Fit 10a Sit Fit 2p Tap Dancing 7:30p Series: Wolf Hall	8:15a Aqua Fit 9:30a Chair Massage 9:45a Body Moves 10:30a Line Dancing 11:30a Moral Conversations 4p Low Hearing 7p Bus: Players 7:30p Movie: The Kite Runner	8:30a Total Fitness 8:30a Aqua Fit 9:30a Chair Massage 10a Sit Fit 10:30a Chapel 2p Scrabble 2p Tap Dancing 7:45p David Houle, futurist	8:15a Aqua Fit 9:45a Body Moves 10:30a Line Dancing 10:30a SILL 3p Bruce Crissy, PH Antiques Roadshow 4p Bocce 5:15p Jim in the Cafe	8:30a Total Fitness 8:30a Aqua Therapy 8:45a Bus: View Manatees at FPL 10a Sit Fit 11a Chapel Talk	