

Plymouth Harbor - May 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
	8:30a Total Fitness 8:30a Aqua Fit 10a Sit Fit 2p Tap Dancing 7:30p Series: Broadchurch	8:15a Aqua Fit 8:30a Tai Chi 9:45a Body Moves 10:30a Line Dancing 7p Bus: Players 7:30p Movie: Picture of Dorian Gray	8:30a Total Fitness 8:30a Aqua Fit 9:30a Chair Massage 10a Sit Fit 10:30a Chapel 2p Scrabble 2p Tap Dancing 4p TED Talks 6:45p Bus: Asolo	8:15a Aqua Fit 8:30a Tai Chi Meditation 9a Tai Chi 9:45a Body Moves 10:30a Line Dancing 4p Bocce 6p Paul in the Cafe 7:45p Letters from Baghdad	8:30a Total Fitness 8:30a Aqua Therapy 10a Sit Fit 10a Cafe Chat: Harry 11a Chapel Talk 4p Book Discussion	9:30a Sit Fit Plus 10a eTeam 11a Yoga
	7	8	9	10	11	12
2p Movie: Shoes of the Fisherman 7p Movie: Good Will Hunting	8:30a Total Fitness 8:30a Aqua Fit 10a Sit Fit 2p Tap Dancing 7:30p Series: Broadchurch	8:15a Aqua Fit 8:30a Tai Chi 9:30a Chair Massage 9:45a Body Moves 10a Eyeglass Adjustments 10a Bus: Voting 10:30a Line Dancing 11a Episcopal Eucharist 2p Bus: Vote 4p Resident Meeting: Hurricanes 7:30p Movie: A Dog's Purpose 7:30p Bus: WBTT	8:30a Total Fitness 8:30a Aqua Fit 9:30a Chair Massage 10a Sit Fit 10:30a Chapel 2p Scrabble 2p Tap Dancing 3:30p 92nd Street Y 5:30p Bus: Amore Restaurant	8:15a Aqua Fit 8:30a Tai Chi Meditation 9a Tai Chi 9:45a Body Moves 10:30a Catholic Mass 10:30a Line Dancing 4p Bocce 5:15p Jim in the Cafe 7:45p Weintraub Duo	8:30a Total Fitness 8:30a Aqua Therapy 10a Sit Fit 11a Chapel Talk	9:30a Sit Fit Plus 9:30a Board of Directors 11a Yoga
Mother's Day	14	15	16	17	18	19
1:30p Bus: FST 7p Movie: Hidden Figures 	8:30a Total Fitness 8:30a Aqua Fit 10a Sit Fit 2p Tap Dancing 4p New Residents Reception 7:30p Series: Broadchurch	8:15a Aqua Fit 8:30a Tai Chi 9:45a Body Moves 10a Cafe Chat: Rene 10:30a Line Dancing 3p Caregiver Support 7:30p Movie: Mozart's Sister	8:30a Total Fitness 8:30a Aqua Fit 9:30a Chair Massage 10a Sit Fit 10:30a Chapel 11a Balance Clinic 2p Scrabble 2p Tap Dancing	8:15a Aqua Fit 8:30a Tai Chi Meditation 9a Tai Chi 9:45a Body Moves 10:30a Line Dancing 10:30a -11 Sharper Than New 3:30p -4:30 Sharper Than New 4p Bocce 6:00p Paul in the Cafe	8:30a Total Fitness 8:30a Aqua Therapy 10a Sit Fit 11a Chapel Talk 4p Perlman String Quartet	9:30a Sit Fit Plus 10a eTeam 11a Yoga 7p French Film
SHRED WEEK	SHRED WEEK	SHRED WEEK	SHRED WEEK	SHRED WEEK	SHRED WEEK	SHRED WEEK
21	22	23	24	25	26	27
2p Movie: Prince of Tides 7p Movie: To Walk Invisible	MACNEIL DAY 8:30a Total Fitness 8:30a Aqua Fit 10a Sit Fit 2p Tap Dancing 7:30p Series: Broadchurch	8:15a Aqua Fit 8:30a Tai Chi 9:30a Chair Massage 9:45a Body Moves 10:30a Line Dancing 7:30p Movie: The Winning Season	8:30a Total Fitness 8:30a Aqua Fit 9a Bus: SE Guide Dogs 9:30a Chair Massage 10a Sit Fit 10:30a Chapel 2p Scrabble 2p Tap Dancing 3p Health Matters	8:15a Aqua Fit 9:45a Body Moves 10:30a Catholic Mass 10:30a Line Dancing 4p Bocce 5:15p Jim in the Cafe	8:30a Total Fitness 8:30a Aqua Therapy 10a Sit Fit 11a Chapel Talk	9:30a Colony Meeting 9:30a Sit Fit Plus 11a Yoga
SHRED WEEK	Memorial Day	30	31			
28	29					
2p Movie: Blood Ties 7p Movie: Collateral Beauty	8:30a Total Fitness 8:30a Aqua Fit 10a Sit Fit 2p Tap Dancing 7:30p Series: A Place to Call Home 	8:15a Aqua Fit 9:45a Body Moves 10:30a Line Dancing 11:30a Moral Conversations 7:30p Movie: Passengers	8:30a Total Fitness 8:30a Aqua Fit 10a Sit Fit 10:30a Chapel 2p Scrabble 2p Tap Dancing 3p Art & Artists			