

Plymouth Harbor ~ October 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 2p Movie: Fireflies in the Garden 7p Movie: Megan Leavey	2 8:30a Total Fitness 8:30a Aqua Fit 10a Sit Fit 11a Muse Moments 11a Better Balance 2p Tap Dancing 7:30p Series: A Place to Call Home	3 8:15a Aqua Fit 9:45a Body Moves 10:30a Line Dancing 2p Cafe Chat: Rene 7p Bus: Players 7:30p Movie: The Exception	4 8:30a Total Fitness 8:30a Aqua Fit 9:30a Chair Massage 10a Sit Fit 10:30a Chapel 2p Scrabble 2p Tap Dancing 4p TED Talk	Sukkot 5 8:15a Aqua Fit 9:45a Body Moves 10-12 Flu Clinic 10:30a Line Dancing 2-4 Flu Clinic Bocce 5:15p Jim in the Cafe 7:45p Nancy Schlossberg 	6 8:30a Total Fitness 8:30a Aqua Therapy 10a Sit Fit 11a Chapel Talk 11a Better Balance NEW! 7:30p Movie: Private Benjamin	7 9:30a Sit Fit Plus 10a eTeam 11a Yoga
8 2p Movie: The Book Thief 7p Movie: Shine	Columbus Day 9 8:30a Total Fitness 8:30a Aqua Fit 10a Sit Fit 11a Better Balance 2p Tap Dancing 7:30p Series: A Place to Call Home 	10 8:15a Aqua Fit 8:30a Tai Chi 9:30a Chair Massage 9:45a Body Moves 10a Eyeglass Adjustments 10:30a Line Dancing 11a Episcopal Eucharist 12p Art Lunch & Learn 4p Wellness Art Reception 7:30p Movie: The Comedian	11 8:30a Total Fitness 8:30a Aqua Fit 9:30a Chair Massage 10a Sit Fit 10:30a Chapel 2p Scrabble 2p Tap Dancing 3:30p 92nd Street Y	12 8:15a Aqua Fit 8:30a Meditation 9a Tai Chi 9:45a Body Moves 10p Fire Drill 10:30a Catholic Mass 10:30a Line Dancing 4p Bocce 6p Paul in the Cafe 7:45p Harold Bubil	13 8:30a Total Fitness 8:30a Aqua Therapy 10a Sit Fit 11a Chapel Talk 11a Better Balance NEW! 4p Book Discussion 7:30p Movie: Funny Girl	14 9:30a Sit Fit Plus 9:30a Board of Directors 11a Yoga
15 2p Movie: The Greatest Game Ever Played 7p Movie: The Book of Henry	16 8:30a Total Fitness 8:30a Aqua Fit 10a Sit Fit 11a Better Balance 2p Tap Dancing 4p Low Vision Aids 7:30p Series: A Place to Call Home	17 8:15a Aqua Fit 8:30a Tai Chi 9:45a Body Moves 10:30a Line Dancing 3p Caregiver Support 4:30p Mezzanine Art Reception 7:30p Movie: The Last of Robin Hood	18 8:30a Total Fitness 8:30a Aqua Fit 9:30a Chair Massage 10a Sit Fit 10:30a Chapel 2p Scrabble 2p Tap Dancing 3p Health Matters 5p Bus: Yummy House	19 8:15a Aqua Fit 8:30a Meditation 8:45a Bus: Art to Walk On 9a Tai Chi 9:45a Body Moves 10:30a Line Dancing 4p Bocce 5:15p Jim in the Cafe 7:45p Presidents/First Ladies	20 8:30a Total Fitness 8:30a Aqua Therapy 10a Sit Fit 10a Cafe Chat: Harry 11a Chapel Talk 11a Better Balance NEW! 3p Art & Artists 7:30p Movie: Breakfast at Tiffany's	21 9:30a Sit Fit Plus 11a Yoga 7p French Film
22 2p Movie: My Old Lady 7p Movie: Frantz	23 8:30a Total Fitness 8:30a Aqua Fit 10a Sit Fit 11a Better Balance 2p Tap Dancing 4-5p New Resident Reception 7:30p Series: A Place to Call Home	24 8:15a Aqua Fit 8:30a Tai Chi 9:30a Chair Massage 9:45a Body Moves 10:30a Line Dancing 11:30a Summer Book Discussion 4p Hearing Loss 7:30p Movie: Earthly Possessions 7:30p Bus: WBTT	25 8:30a Total Fitness 8:30a Aqua Fit 9:30a Chair Massage 10a Sit Fit 10:30a Chapel 2p Scrabble 2p Tap Dancing 4p Ask Ted Rehl	26 8:15a Aqua Fit 8:30a Meditation 9a Tai Chi 9:45a Body Moves 10:30a Catholic Mass 10:30a Line Dancing 4p Bocce 4p Ted Rehl Recital 6p Paul in the Cafe	27 8:30a Total Fitness 8:30a Aqua Therapy 10a Sit Fit 11a Chapel Talk 11a Better Balance NEW! 4p Resident Meeting: 2018 Budget 7:30p Movie: Goldfinger	28 9:30a Colony Meeting 9:30a Sit Fit Plus 11a Yoga 1:15p Bus: Ballet
29 2p Movie: Moonlight Serenade 7p Movie: My Cousin Rachel	30 8:30a Total Fitness 8:30a Aqua Fit 10a Sit Fit 11a Better Balance 2p Tap Dancing 3:30p Jay Rixse: Intelligence Community - \$25 for series of 3 7:30p Series: A Place to Call Home	Halloween 31 8:15a Aqua Fit 8:30a Tai Chi 9:45a Body Moves 10:30a Line Dancing 11:30a Ethical Conversations 5-9p Halloween Dance 				