

# Plymouth Harbor ~ September 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					<b>1</b>	<b>2</b>
					8:30a Total Fitness 8:30a Aqua Therapy 10a Sit Fit 11a Chapel Talk 11a Better Balance NEW! 7:30p Movie: You've Got Mail	9:30a Sit Fit Plus 11a Yoga
<b>3</b>	<b>Labor Day</b> <b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>
2p Movie: Jerry Lewis: The Bellboy 7p Movie: The Desperate Hours	8:30a Total Fitness 8:30a Aqua Fit 10a Sit Fit 11a Muse Moments 11a Better Balance 2p Tap Dancing 7:30p Series: A Place to Call Home 	8:15a Aqua Fit 8:30a Tai Chi 9:45a Body Moves 10:30a Line Dancing 4p Sarasota Ballet Season Info 7:30p Movie: Garbo - Camille	8:30a Total Fitness 8:30a Aqua Fit 9:30a Chair Massage 10a Sit Fit 10:30a Chapel 11a Balance Clinic 2p Scrabble 2p Tap Dancing 4p TED Talk on Shame	8:15a Aqua Fit 8:30a Meditation 9a Tai Chi 9:45a Body Moves 10:30a Line Dancing 4p Bocce 6p Paul in the Cafe 7:45p Harold Bubil, Architecture	8:30a Total Fitness 8:30a Aqua Therapy 10a Sit Fit 11a Chapel Talk 11a Better Balance NEW! 7:30p Movie: Sleepless in Seattle	9:30a Sit Fit Plus 10a eTeam 11a Yoga
<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>
2p Movie: Jerry Lewis - The Stooge 7p Movie: Megan Leavy	8:30a Total Fitness 8:30a Aqua Fit 10a Sit Fit 11a Better Balance 11:30a Summer Book Discussion 2p Tap Dancing 7:30p Series: A Place to Call Home	8:15a Aqua Fit 8:30a Tai Chi 9:30a Chair Massage 9:45a Body Moves 10a Eyeglass Adjustments 10:30a Line Dancing 11a Episcopal Eucharist 12p Art Lunch & Learn 2p Cafe Chat: Rene 7:30p Movie: The Devil Wears Prada	8:30a Total Fitness 8:30a Aqua Fit 9:30a Chair Massage 10a Sit Fit 10:30a Chapel 2p Scrabble 2p Tap Dancing 3:30p 92nd Street Y 5-7:30p Magicians at dinner	8:15a Aqua Fit 8:30a Meditation 9a Tai Chi 9:45a Body Moves 10:30a Catholic Mass 10:30a Line Dancing 4p Bocce 5:15p Jim in the Cafe 7:45p Spanish Point	8:30a Total Fitness 8:30a Aqua Therapy 10a Sit Fit 11a Chapel Talk 7:30p Movie: Gravity	9:30a Sit Fit Plus 9:30a Board of Directors 11a Yoga 7p French Film
<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>Rosh Hashanah</b> <b>21</b>	<b>22</b>	<b>23</b>
2p Movie: Jerry Lewis - The Ladies Man 7p Movie: Paris Can Wait	8:30a Total Fitness 8:30a Aqua Fit 10a Sit Fit 11a Better Balance 2p Tap Dancing 7:30p Series: A Place to Call Home	8:15a Aqua Fit 9:45a Body Moves 10:30a Line Dancing 3p Caregiver Support 4p Health Matters 7:30p Movie: Cocoon	8:30a Total Fitness 8:30a Aqua Fit 9:30a Chair Massage 10a Sit Fit 10:30a Chapel 2p Scrabble 2p Tap Dancing 5p Rosh Hashanah Service	8:15a Aqua Fit 9:45a Body Moves 10:30a Line Dancing 10:30a Rosh Hashanah Service 4p Bocce 5:15p Jim in the Cafe 7:45p Peter Tavalin - Improv piano 	8:30a Total Fitness 8:30a Aqua Therapy 10a Sit Fit 10a Bus: Florida Aquarium 11a Chapel Talk 11a Better Balance NEW! 7:30p Movie: When Harry Met Sally	9:30a Sit Fit Plus 9:30a Colony Meeting 11a Yoga
<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>Yom Kippur</b> <b>30</b>
2p Movie: Jerry Lewis - The Patsy 7p Movie: Serena	8:30a Total Fitness 8:30a Aqua Fit 10a Sit Fit 11a Better Balance 11:30a Coping with Loss Group 2p Tap Dancing 7:30p Series: A Place to Call Home	8:15a Aqua Fit 9:30a Chair Massage 9:45a Body Moves 10:30a Line Dancing 11:30a Ethical Conversations 7:30p Movie: Black Book	8:30a Total Fitness 8:30a Aqua Fit 9:30a Chair Massage 10a Sit Fit 10:30a Chapel 2p Scrabble 2p Tap Dancing 3p Art & Artists	8:15a Aqua Fit 9:45a Body Moves 10:30a Catholic Mass 10:30a Line Dancing 11:30a Coping with Loss Group 4p Bocce 6p Paul in the Cafe 7:45p John Goodman - la Traviata	8:30a Total Fitness 8:30a Aqua Therapy 10a Sit Fit 10a Cafe Chat: Harry 11a Chapel Talk 11a Better Balance NEW! 7p Yom Kippur Service 7:30p Movie: Steel Magnolias	9:30a Sit Fit Plus 10:30a Yom Kippur Service 11a Yoga 