

HARBOR LIGHT

February 2013

PLYMOUTH HARBOR INC. (not-for-profit) 700 John Ringling Boulevard Sarasota, FL 34236-1551

The Plymouth Harbor Players

present

THE BRIDE ON THE SEVENTEENTH FLOOR

Written & Directed by Don Wallace



GINNA, the bride, is wealthy; PHIL, the groom, is penniless. But they seem a near-perfect match until the last night of their Caribbean honeymoon, when disaster strikes and the hapless groom finds himself in court, fighting for his life.

All of Puritan Cove is aghast and confounded. And Phil finds that he has both advocates and enemies in his hour of need -- or is it his secret moment of triumph?

We are left to wonder as the lawyers battle, witnesses praise and condemn him, and the judge tries to sort it all out.

The last witness seems to settle Phil's fate -- but is the courtroom the end of our story?

Three Performances

TUESDAY February 26 8:00 pm

WEDNESDAY February 27 2:00 pm & 8:00 pm

Reservations Requested!! Please call Resident Services at Ext. 252.

Buffet Dinner in Mayflower Dining Room both Play Nights

Call Ext. 258 to make your reservation
for a buffet dinner before attending the play

A Spirit of Philanthropy The Foundation Takes Shape by Becky Pazkowski

We are so pleased to announce the inaugural members of our Plymouth Harbor Foundation Board of Trustees, who met for the first time on January 16th where they elected officers. As you may be aware, our bylaws call for a Foundation Board that consists of three Plymouth Harbor trustees, three resident members, three community-at-large members, and the President and Sr. Vice President of Finance for Plymouth Harbor. We are proud to present our Foundation Board, as follows. Please join us in thanking our generous Trustees for their dedicated time and attention to this worthy and very important cause.

Bill Johnston, Chair
Harry Hobson, Vice-Chair
Carla Plush Smith, Secretary
Garry Jackson, Treasurer

Lee Byron, Trustee
Tom Hopkins, Trustee
Cade Sibley, Trustee
Tom Towler, Trustee

The highlight of our January 16th meeting was the presentation to the Smith Care Center Staff of a tribute gift that came from a past rehabilitation patient in their honor. Mary Ann and Ted Simon said they were inspired to make the gift because (in their words) the support given by the staff during Mrs. Simon's short-term stay was amazing, professional, and delivered with a human approach that was different and unique from their past experiences with other facilities. The gift was a complete surprise and very generous. Our heartfelt thanks to the Simons for their support of our services. The Therapy Room was lined with staff from all over the Smith Care Center to accept the gift. Below is a photograph taken after the presentation.



Left to Right:

Harry Hobson
Becky Pazkowski
Garry Jackson
Gina Kanyha (Smith Care
Center Therapy Department)
Carla Smith
Bill Johnston
Tom Towler
Joe Devore (Vice President
of Health Services)
Tom Hopkins

(continued on page 3)

A Spirit of Philanthropy

(continued from page 2)

One of the initial contributions that our Foundation Board has made to our efforts is to host the very first Foundation Forum this past month, on January 22. The Foundation Forum is intended to offer information that might be helpful to our constituents in various forms. This particular Foundation Forum was focused on the IRA Charitable Rollover Extension and the Tax Law Changes in effect this year. Carla Plush Smith, Foundation Trustee and local CPA, was our guest speaker (photo below). Over 25 individuals attended the Forum, and Ms. Smith presented very helpful and timely information on changes, given that we are all in the throws of gathering our papers for filing our 2013 taxes.

More Foundation Forums will be offered throughout the year, including one on March 25th with speaker David Houle, author and futurist, and son of former residents Cyril and Bettie Houle, who died in 1998 and 2000, respectively. More information on that Foundation Forum is forthcoming.



*Please Join Us for a Retirement Reception
Honoring Dorothy Barichak
Former Administrator of Health Services
For 35 years of service to the residents of Plymouth Harbor*

Thursday ~ February 21 ~ 1:00 to 2:30 pm ~ Card Room

Reflections from Chaplain Jerry O'Connor ...

We humans collect all kinds of things; collecting begins in early childhood, and represent things we treasure, and can't seem to part with. When I first came to Plymouth Harbor, as chaplain, I learned that two of our residents collected elephants, not the kind you have to feed and clean up after, but the kind you display in a case — one collection was the result of world travels, the other representing a political persuasion. Some collections cannot be displayed, but they are very present in our lives.

At our recent Celebration of Life service I spoke on *The Elephant in the Room*; I was prompted to do this by a story about the death of Charles Anthony, a conservationist in South Africa, who with his wife spent years studying elephants. It was just a few days after his death, when his wife looked out and about 20 elephants had gathered outside the house and stood in vigil for the death of their friend. After three days, they returned to their home territory. At the Celebration of Life service we invited family members, of both Plymouth Harbor and community patients who died in Smith Care Center, to light a candle in memory of their loved one. Each family member and Plymouth Harbor neighbors are like the elephants in the story, gathered together for a time of remembering, celebrating, and supporting each other.

There are many elephants in the *rooms* we occupy in life; elephants that intrude on us, take up more space than we would like; they are invisible, but can be named: age, failing health, fear of dying, financial worries, family issues, loss of control — the list is endless. They impact everything we do; there can be more than one in our room. We wish they would go away, but they don't go. Living with them requires naming them; they may be like relatives we don't particularly like, but they are *part of our lives*, and we can learn to live with them. It is amazing how acceptance of what we cannot change changes our lives for the better. It's sort of like realizing you may have troubles in your life, but your trouble is nowhere as challenging as what someone else may struggle with.

Faith, be it in God according to Judeo/Christian tradition, or in a spiritual presence found in other religions of the world, each of us uses prayer, meditation, mantras, and other practices to deal with the elephants that seem to encroach on our space. Elephants in the room cannot be avoided, but are friends who stand in vigil through *calm and stormy waters*, assuring us we are not alone in our journey. Give thanks, collect a lot of elephants, welcome them into your life, and celebrate the strength they give you in moments of weakness and strength.



In Memoriam

Mary Betty Monroe

January 13, 2013

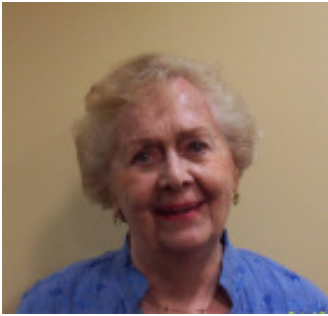


INTRODUCING

Betty Hendry

Move-In Date: December 19, 2012
Apt. N-305 Ext. 188

Betty is one of those charming people who have always involved themselves in community activities. She was born and raised in the Chicago area and worked as a secretary and office manager in "The Loop."



She married a dealer of International Harvester Trucks and moved to Mansfield, OH. While in Mansfield she was president of Garden Clubs of Ohio and chairwoman of World Gardening, and on the board of the National Council of

State Garden Clubs. Flower arranging became one of her hobbies.

She later moved to St. Croix, U.S.V.I., where she lived the retired lifestyle.

Betty moved to Sarasota in 1987 and immediately involved herself in community organizations. She joined the Garden Club of Sarasota and chaired Civic Beautification.

Because her mother lost her vision at an early age, she began volunteering at the Manasota Lighthouse for the Blind. She served as president of Embassy House Condominium Association for 12 years. She attends St. Armand's Key Lutheran Church.

We welcome you, Betty.

- Gena Magoon

Annual Resident Information Update

Thursday ~ February 14 ~ Card Room

Please stop in any time between 10:00 am and 3:00 pm

- (1) Sign your Ad Valorem tax letter**
- (2) Update all your contact and insurance information**

PLEASE BRING

Your Demographic Sheet

Insurance cards

Medicare Cards A and D

Supplemental and Long Term Care Policies

Advance Directives and DNRs

Refreshments Served





IN SIMULCAST
Mondays & Thursdays at 10:30
Pilgrim Hall at Plymouth Harbor

Music Mondays: Musical Conversation with ...

February 4 SPEAKER: Jesse Rosen, president & CEO,
 League of American Orchestras

February 11 SPEAKER: Pedja Muzijevic, pianist/lecturer

February 18 SPEAKER: Alex Rybeck, arranger and pianist

February 25 SPEAKER: Warren Jones, collaborative pianist



Thursday Global Issues

Call Mary Piston
 at Ext. 512 for tickets

February 7 SPEAKER: John Williams

Thinking and Responding Strategically to National Security Challenges

February 14 SPEAKER: Dr. Jorge Dominguez

Has U.S. Foreign Policy Become Irrelevant in the Americas?

February 21 SPEAKER: Martin Walker

Why We Are Not Doomed

February 28 SPEAKER: Amb. Molly Williamson

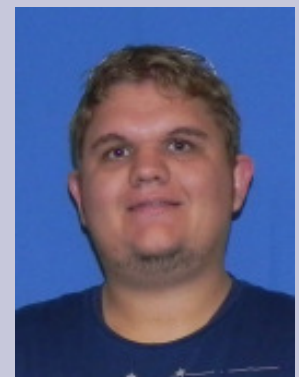
Politics of Petroleum: Hot New Development in the Energy World



February 2013 Employee of the Month

Corey Schmitz of Dining Services

He is so full of energy, takes charge, knows what to do. You never have to ask him to do something and if you do, it gets taken care of quickly. Corey has wonderful rapport with the residents and nothing is too much to ask of him. He is pleasant and accommodating at all times. Corey is a pleasure to have around and deserves to be recognized.





Pierian Spring Academy Spring Classes at Plymouth Harbor

TUESDAYS	9:30 am John Goodman	February 19 -- March 26 (6 weeks/\$75.00) <i>Wagner, the Demonic Genius of Music</i>
TUESDAYS	2:00 pm Joyce Stith	February 19 -- March 26 (6 weeks/\$75.00) <i>The World on Film</i>
THURSDAYS	2:30 pm Phyllis Jaffe	February 21 -- March 28 (6 weeks/\$75.00) <i>Who's Afraid of Virginia Woolf and Her Bloomsbury Group?</i>

Is there a class of interest to you? If so, call Ext. 252 or drop by the Resident Services Office for assistance with registration and/or questions.

Welcome New Residents

Celia Catlett & Eugene Heide

Apt. W-213 ~ Ext. 272

Walter & Geraldine Mattson

Apt. T-1212 ~ Ext. 341

Patricia Lenke

Apt. W-308 ~ Ext. 282

Vytas "Mac" & Gerta Maceikonis

Apt. W-202 ~ Ext. 262
(temporary location)

Resident Meeting February 5 ~ 10:30 am Pilgrim Hall



**Alliance Francaise
presents**

The Women on the Sixth Floor
(in French with English subtitles)



**Saturday
February 9
7:00 pm
Pilgrim Hall**



Thank You

You probably expect a nagging letter from the Conservation Committee and usually that is what you get. But this time we have a surprise for you. The Nag Committee would like, (try not to faint), to thank you for the huge changes most of you have made in the way you use our resources.

The change that is easiest to measure is the big increase in the amount of “stuff” that is being recycled. You have seen those overflowing bins. All of that is material that can be recycled into something useable. And it is not going into the landfills to pollute one hundred years from now. The word from Bruce and Jeanne is that we are saving about 40% more than we used to. One plea. Please recycle only recyclables. There is not much use for old boots. They, and broken glass, are trash. But hurray for all of you for the amazing increase.

And then there is the fall in the use of electricity. A long-term graph shows that we, both staff and residents, are using less power. The line is going down. Part of this is the change to LED lights after the

remodeling, part of it is the switch by most of you to compact fluorescent light bulbs and the rest, we suspect, is that we residents are more careful about turning off lights. So that deserves a second hurray.

The word from Liz in the laundry is that she is washing fewer towels since we have started leaving our dirty towels in the tub. The housekeepers are being careful not to take clean towels to be washed. So thanks to the housekeepers and all of you.

Several of you have reminded us that we should print every month the peak hours when electricity costs more. This many not save power but it does save money. In February and March, try to use power-hungry appliances in the middle of the day. Peak hours are Monday through Friday from 6 AM to 10 AM and from 6 PM to 10 PM. Weekends also are cheaper. So thank you for this too.

The help we have received from John Batchelder and the rest of the administration has been huge. Nothing substantial can happen without them.

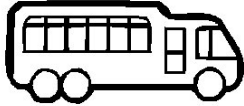
And next month we will probably be back to carping at you as usual.

~ Compliments of the Conservation Committee ~

Art & Artists Series ... SEURAT: POINTILLISM

Wednesday ~ February 20
3:00 pm in Pilgrim Hall





PLACES to GO ... Call Ext. 252 to sign up
Minimum 10 participants for all outings



Tour of Dakin Dairy Farms and lunch

Friday, February 22 - departs 10:15 am
Cost: \$29. includes lunch

The Dakin family has been milking cows in Manatee County since 1973, and is now among the few remaining dairies remaining in Florida. It prides itself on being a sustainable farm, and offers us the opportunity to watch milk travel from the cow to the bottle. From the freestall barns to the cow showers, processing plant, making butter (and tasting it!) to the farm-style lunch, you'll be udderly delighted with your day!



Health Matters

Sponsored by the Health Committee

ELDER LAW UPDATE

Presented by Babette Bach, Esq.

Thursday ~ February 28 ~ 3:00 pm ~ Card Room

Florida Mature Driver Program



Complete the program and receive a mandatory reduction on your car insurance premium for three years.

Friday ~ March 8

9:00 am to 3:00 pm in the Card Room

Cost: \$15.00

Call Ext. 252 to sign up



New in the Library

(* indicates a gift)

FICTION - Regular Print

I, Michael Bennett* (©2012) by James Patterson

The Intercept (©2013) by Dick Wolf

The Last Man (©2012) by Vince Flynn

The Last Runaway (©2013) by Tracy Chevalier

The Stockholm Octavo (©2012)

by Karen Engelmann

The Twelve Tribes of Hattie (©2013)

by Ayana Mathis

NONFICTION - Regular Print

American Eve* by Paula Uruburu

Bailout Over Normandy* (©2012)

by Ted Fehrenwald

Dogfight* (©2012) by Calvin Trillin

Hallucinations (©2012) by Oliver Sacks

The Oath* by Jeffrey Toobin

1775* by Kevin Phillips

Shakespeare: The Invention of the Human*

by Harold Bloom

Your Medical Mind* by Harold Groopman, MD

FICTION- Large Print

A Gift from Tiffany's* (©2012) by Melissa Hill

Notorious Nineteen* (©2012) by Janet Evanovich

Private London* by James Patterson

Twelve Sharp* by Janet Evanovich

DVDs New in the Media Library

Addicted to Love*

The Age of Innocence*

Antonio Gaudi, Architect*

Arbitrage

Balalaika*

Broadway Musicals: Jewish Legacy*

Darling Companion

Grumpier Old Men*

Man Wanted*

Moliere*

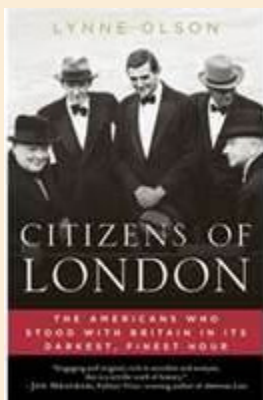
The Queen of Versailles

Rosemary's Baby

Sparkle

Very Annie-Mary*

Victor Victoria*



March Book Discussion led by Bill Vernon

Citizens of London by Lynne Olson

Learn the behind-the-scenes story of how the U.S. forged its wartime alliance with Britain, told from the perspective of three key American players in London: Edward R. Murrow, Averell Harriman and John Gilbert Winant, the shy, idealistic U.S. ambassador to Britain. Each man formed close ties with Churchill, so much so that all became romantically involved with members of the prime minister's family.

Friday ~ March 1

3:00 pm in the Card Room

Call Ext. 252 to sign up and for a copy of the book (\$15.00) ~ Available on Kindle

Program Committee events ...

Please note that we are again experimenting with a change of start time during the month of February. Programs will begin at 8:00 pm. We welcome your feedback.

Presidents and Their First Ladies

Ike and Mamie Eisenhower

presented live on stage by William and Sue Wills

Thursday ~ February 7 ~ 8:00 pm
in Pilgrim Hall



Special Valentine's Day Music

From Broadway to Tin Pan Alley

featuring

Carl P. Denney, Vocalist and Nat Steele, Drummer

and

Rod Keiser, Keyboard Artist

Thursday ~ February 14
8:00 pm in Pilgrim Hall



Love Songs and Songs You Love To Hear

The American Character

Michael Edwards

Producing Artistic Director

Asolo Repertory Theatre

Tuesday ~ February 19
8:00 pm in Pilgrim Hall

Each play this season was chosen to be part of The American Character project, a five year journey to explore the culture and history of America. All of the plays in this season 'talk to each other' in ways the audiences enjoy connecting. Michael Edwards will share his thoughts about this season, this ambitious five year project, and his current work at the Asolo Rep.





Tom Hopkins

Chairman, Board of Trustees

Harry E. Hobson

President/CEO

Garry Jackson

Senior Vice President/CFO

Gordon Okawa

Vice President

Marketing & Community Affairs

Harbor Light Staff

Dinah Stamp

Vice President

Residential Services

Maryanne Shorin

Resident Services Coordinator

Biography Committee

Peggy Schwarz, *chair*

David Beliles

Betty Blair

Vera Kohn

Gena Magoon

Perry Monroe

Isabel Pedersen

Sallie Van Arsdale

Don Wallace



700 John Ringling Blvd.
Sarasota, FL 34236-1551
941-365-2600
www.PlymouthHarbor.org



MOVIES

Showing in February

Sundays at 2:00 pm & 7:00 pm

February 3	<i>Stella Days</i>			
2011	Color	90 minutes	Not Rated	
February 10	<i>Flight</i>			
2012	Color	138 minutes	R	
February 17	<i>The Help</i>			
2011	Color	146 minutes	PG-13	
February 24	<i>Anna Karenina</i>			
2012	Color	130 minutes	R	

Have a movie request? Call Ext. 252.

Tuesdays at 7:45 pm

February 5	<i>That Evening Sun</i>			
2009	Color	109 minutes	PG-13	
February 12	<i>A Late Quartet</i>			
2012	Color	107 minutes	R	
February 19	<i>Asolo's Michael Edwards</i>			
	in Pilgrim Hall at 8:00 pm			
February 26	<i>Plymouth Harbor Players at 8:00 pm</i>			
	<i>The Bride on the 17th Floor</i>			