

August 2014

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|--|--|---|---|---|
| | | | | | 1 9a Total Body Challenge 10a Sit Fit 10:30a Chapel Talk 11a Better Balance 11:15a Bus: Summer Circus 3p Resident Meeting | 2 10a eTeam Clinic |
| 3 1:30p Bus: WBTT 2p Movie: Noah 7p Movie: Noah | 4 8:30a Functional Fitness 10a Sit Fit 11a Better Balance | 5 8:30a Aqua Fit 10a Body Moves 11a Line Dancing 1p Mah Jongg lesson 3p Tai Chi Advanced 7:45p Movie: Non Stop | 6 8:30a Functional Fitness 10a Sit Fit 10:30a Chapel 11a Yoga 2p Scrabble | 7 8:30a Meditation 8:30a Aqua Fit 9a Tai Chi 11a Line Dancing 1p Mah Jongg lesson 3p Executive Council 5:30p Paul in the Cafe 7:45p Jeff La Hurd, SRQ Historian | 8 9a Total Body Challenge 10a Sit Fit 10:30a Chapel Talk 11a Better Balance | 9 10a eTeam Clinic 7p French Film |
| 10 2p Movie: Gunga Din 7p Movie: Gunga Din | 11 8:30a Functional Fitness 10a Sit Fit 11a Better Balance | 12 8:30a Aqua Fit 10a Body Moves 11a Line Dancing 11a Episcopal Eucharist 1p Mah Jongg lesson 2p Cafe Chat - Rene 3p Tai Chi Advanced 5:30p Bus: Lolita Tartine 7:45p Movie: Desperate Characters | 13 8:30a Functional Fitness 10a Sit Fit 10:30a Chapel 11a Yoga 2p Scrabble | 14 8:30a Meditation 8:30a Aqua Fit 9a Tai Chi 10:30a Catholic Mass 11a Line Dancing 1p Mah Jongg lesson 5:15p Jim in the Cafe 7:45p Eastman Clarinet Duo | 15 9a Total Body Challenge 10a Sit Fit 10:30a Chapel Talk 11a Better Balance | 16 10a eTeam Clinic |
| 17 1:30p Bus: Players 2p Movie: Some Like It Hot 7p Movie: Some Like It Hot | 18 8:30a Functional Fitness 10a Sit Fit 11a Better Balance | 19 8a Bus: Hard Rock Casino 8:30a Aqua Fit 10a Body Moves 11a Line Dancing 2p Cafe Chat Rene 3p Caregiver Support 3p Tai Chi Advanced 7:45p Movie: 20 Feet from Stardom | 20 8:30a Functional Fitness 10a Sit Fit 10:30a Chapel 11a Yoga 2p Scrabble 3p Art & Artists 7:30p Bus: Banyan | 21 8:30a Aqua Fit 8:30a Meditation 9a Tai Chi 11a Line Dancing 5:30p Paul in the Cafe 7:45p Egypt: Journey to Immortality | 22 9a Total Body Challenge 10a Sit Fit 10:30a Chapel Talk 11a Better Balance | 23 10a eTeam Clinic |
| 24 2p Movie: Grand Budapest Hotel 7p Movie: Grand Budapest Hotel | 25 8:30a Functional Fitness 10a Sit Fit 11a Better Balance | 26 VOTE: Primary Election 8:30a Aqua Fit 10a Body Moves 11a Line Dancing 2p Cafe Chat - Rene 3p Tai Chi Advanced 7:45p Movie: Woman Times Seven | 27 8:30a Functional Fitness 10a Sit Fit 10:30a Chapel 11a Yoga 2p Scrabble 2p Foundation Forum: Dementia | 28 8:30a Aqua Fit 8:30a Meditation 9a Tai Chi 10:30a Catholic Mass 11a Line Dancing 5:15p Jim in the Cafe 7:45p Magician Nathan Coe Marsh | 29 9a Total Body Challenge 10a Sit Fit 10:30a Chapel Talk 11a Better Balance | 30 |
| 31 2p Movie: The Way We Were 7p Movie: The Way We Were | | | | | | |