

Plymouth Harbor September 2015

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
		8:15a Aqua Fit 8:30a Tai Chi 9:45a Body Moves 10:30a Line Dancing 11a Equipment Orientation 2p Cafe Chat - Rene 7:45p Movie: Red Army	8:15a Aqua Fit 8:30a Total Fitness 10a Sit Fit 10:30a Chapel 11a Better Balance 2p Scrabble 2p Tap Dancing	8:15a Aqua Fit 8:30a Tai Chi Meditation 9a Tai Chi 9:45a Body Moves 10:30a Line Dancing 5:30p Paul in the Cafe 7:45p Nathan Marsh Magician	8:30a Total Fitness 10a Sit Fit 10:30a Chapel Talk	10a eTeam Clinic
6	LABOR DAY 7	8	9	10	11	12
2p Movie: I'll See You In My Dreams 7p Movie: I'll See You In My Dreams	8:15a Aqua Fit 8:30a Total Fitness 10a Sit Fit 11a Yoga 7:45p Jewel in the Crown #12	8:15a Aqua Fit 8:30a Tai Chi 9:45a Body Moves 10:30a Line Dancing 11a Episcopal Eucharist 7p Bus: Players 7:45p Movie: Up in the Air	8:15a Aqua Fit 8:30a Total Fitness 10a Sit Fit 10:30a Chapel 11a Better Balance 2p Scrabble 2p Tap Dancing	8:15a Aqua Fit 8:30a Tai Chi Meditation 9a Tai Chi 9:45a Body Moves 10:30a Catholic Mass 10:30a Line Dancing 5:15p Jim in the Cafe 7:45p Mike Mendez - Motown Soul	8:30a Total Fitness 10a Sit Fit 10a Cafe Chat - Harry 10:30a Chapel Talk	9:30a Board of Directors 10a eTeam Clinic
13	Rosh Hashanah 14	15	16	17	18	19
2p Movie: The Best of Men 7p Movie: The Best of Men	8:15a Aqua Fit 8:30a Total Fitness 10a Sit Fit 11a Yoga 4p New Resident Reception 7:45p Jewel in the Crown #13	8:15a Aqua Fit 8:30a Tai Chi 9:45a Body Moves 10:30a Line Dancing 3p Caregiver Support 4p Western Civilization/Jewish World 7:45p Movie: Benny Goodman Story	8:15a Aqua Fit 8:30a Total Fitness 10a Sit Fit 10:30a Chapel 11a Better Balance 2p Scrabble 2p Tap Dancing 4p High Holidays	8:15a Aqua Fit 8:30a Tai Chi Meditation 9a Tai Chi 9:45a Body Moves 10:30a Line Dancing 4p Foundation Forum - Education 5:30p Paul in the Cafe 7:45p SRQ Orchestra String Quartet	8:30a Total Fitness 9a Bus: Dali - M.C. Escher 10a Sit Fit 10:30a Chapel Talk	10a eTeam Clinic 7p French Film
20	21	22	Yom Kippur 23	24	25	26
2p Movie: Madding Crowd 7p Movie: Madding Crowd	8:15a Aqua Fit 8:30a Total Fitness 10a Sit Fit 11a Yoga 7:45p Jewel in the Crown #14	8:15a Aqua Fit 8:30a Tai Chi 9:45a Body Moves 10:30a Line Dancing 7:45p Movie: The Intouchables	8:15a Aqua Fit 8:30a Total Fitness 10a Sit Fit 10:30a Chapel 11a Better Balance 2p Scrabble 2p Tap Dancing 5:15p Bus: Hillview Grill	8:15a Aqua Fit 8:30a Tai Chi Meditation 9a Tai Chi 9:45a Body Moves 10:30a Catholic Mass 10:30a Line Dancing 2p Feldenkrais 4:15p Mike Markaverich Jazz Piano 5:15p Jim in the Cafe	8:30a Total Fitness 10a Sit Fit 10:30a Chapel Talk	9:30a Colony Meeting 10a eTeam Clinic
27	28	29	30			
2p Movie: Day of the Falcon 7p Movie: Day of the Falcon	8:15a Aqua Fit 8:30a Total Fitness 10a Sit Fit 11a Yoga	8:15a Aqua Fit 8:30a Tai Chi 9:45a Body Moves 10a Cafe Chat - Rene 10:30a Line Dancing 7:45p Movie: No Reservations	8:15a Aqua Fit 8:30a Total Fitness 10a Sit Fit 10:30a Chapel 11a Better Balance 2p Scrabble 2p Tap Dancing		September is Hispanic Heritage Month	