

August 2015

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 10a eTeam Clinic
2 1:30p Bus: WBTT Cotton Club 2p Movie: A Beautiful Mind 7p Movie: A Beautiful Mind	3 8:15a Aqua Fit 8:30a Total Fitness 10a Sit Fit 11a Yoga 7:45p Jewel in the Crown #7	4 8:15a Aqua Fit 9:45a Body Moves 10:30a Line Dancing 7:45p Movie: Glenn Miller Story	5 8:15a Aqua Fit 8:30a Total Fitness 10a Sit Fit 10:30a Chapel 11a Equipment Orientation 11a Better Balance 2p Scrabble	6 8:15a Aqua Fit 9:45a Body Moves 10:30a Line Dancing 5:30p Paul in the Cafe 7:45p Michelle Giglio, soprano	7 8:30a Total Fitness 10a Sit Fit 10:30a Chapel Talk 11a Better Balance	8 10a eTeam Clinic
9 1:30p Bus: Players 2p Movie: Night Train to Lisbon 2p Organ Concert 7p Movie: Night Train to Lisbon	10 8:15a Aqua Fit 8:30a Total Fitness 10a Sit Fit 11a Yoga 7:45p Jewel in the Crown #8	11 8:15a Aqua Fit 9:45a Body Moves 10:30a Line Dancing 11a Episcopal Eucharist 2p Cafe Chat - Rene 7:45p Movie: Ripley's Game	12 8:15a Aqua Fit 8:30a Total Fitness 10a Sit Fit 10:30a Chapel 11a Equipment Orientation 11a Better Balance 2p Scrabble 7:30p Bus: Banyan	13 8:15a Aqua Fit 8:30a Tai Chi Meditation 9a Tai Chi 9:45a Body Moves 10:30a Catholic Mass 10:30a Line Dancing 4p Resident Meeting 5:15p Jim in the Cafe 7:45p Hampton Court	14 8:30a Total Fitness 10a Sit Fit 10:30a Chapel Talk 11a Better Balance 7p Bus: Starlite Players	15 10a eTeam Clinic 7p French Film
16 2p Movie: Walk the Line 7p Movie: Walk the Line	17 8:15a Aqua Fit 8:30a Total Fitness 10a Sit Fit 11a Yoga 7:45p Jewel in the Crown #9	18 8:15a Aqua Fit 8:30a Tai Chi 9:45a Body Moves 10a Cafe Chat: Rene 10:30a Line Dancing 3p Caregiver Support 7:45p Movie: The African Queen	19 8:15a Aqua Fit 8:30a Total Fitness 10a Sit Fit 10:30a Chapel 11a Equipment Orientation 11a Better Balance 2p Scrabble	20 8:15a Aqua Fit 8:30a Tai Chi Meditation 9a Tai Chi 9:45a Body Moves 10:30a Line Dancing 5:30p Paul in the Cafe 7:45p Jeff Rogers: Search for Life	21 8:30a Total Fitness 10a Sit Fit 10:30a Chapel Talk 11a Better Balance	22 10a eTeam Clinic
23 2p Movie: Moonstruck 7p Movie: Moonstruck	24 8:15a Aqua Fit 8:30a Total Fitness 10a Sit Fit 11a Yoga 7:45p Jewel in the Crown #10	25 8:15a Aqua Fit 8:30a Tai Chi 9:45a Body Moves 10:30a Line Dancing 11a Cafe Chat: Rene 7:45p Movie: Married Life	26 8:15a Aqua Fit 8:30a Total Fitness 10a Sit Fit 10a -11:30 Sharper Than New 10:30a Chapel 11a Equipment Orientation 11a Better Balance 2p Scrabble 2p -3:30 Sharper Than New 3p Art & Artists 5:30p Bus: Duval's	27 8:15a Aqua Fit 8:30a Tai Chi Meditation 9a Tai Chi 9:45a Body Moves 10:30a Catholic Mass 10:30a Line Dancing 2p Feldenkrais Method 4p Mike Markaverich Jazz Piano 5:15p Jim in the Cafe	28 8:30a Total Fitness 10a Sit Fit 10:30a Chapel Talk 11a Better Balance	29 10a eTeam Clinic
30 2p Movie: The Talented Mr. Ripley 7p Movie: The Talented Mr. Ripley	31 8:15a Aqua Fit 8:30a Total Fitness 10a Sit Fit 11a Yoga 7:45p Jewel in the Crown #11					