


Plymouth Harbor November 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 8:15a Aqua Fit 8:30a Tai Chi 9:45a Body Moves 10:30a Line Dancing 4p Wellness Art Reception 7:30p Movie: Genius	2 8:30a Total Fitness 8:30a Aqua Fit 9:30a Chair Massage 9:30a Art Class 10a Sit Fit 10:30a Chapel 2p Scrabble 2p Tap Dancing 4p TED Talks	3 8:15a Aqua Fit 8:30a Tai Chi Meditation 9a Tai Chi 9:45a Body Moves 10:30a Line Dancing 4p Bocce 6p Paul in the Cafe	4 8:30a Total Fitness 8:30a Aqua Therapy 10a Sit Fit 10:30a Bus: St Pete Museum/Fine Arts 11a Chapel Talk	5 10a eTeam 7:15p Bus: SRQ Orchestra
6 Daylight Saving Time Ends 1:45p Bus: SRQ Orchestra 2p Movie: South Pacific 7p Movie: Three Blind Mice 	7 8:30a Total Fitness 8:30a Aqua Fit 10a Sit Fit 11a Muse Moments 2p Tap Dancing 4p Oeanographer Wm Kessler 7:30p Movie Series: Night Manager	8 Election Day 8:15a Aqua Fit 8:30a Tai Chi 9:30a Chair Massage  9:45a Body Moves 10a Eyeglass Adjustments 10a Bus to Vote 10:30a Line Dancing 11a Episcopal Eucharist 2p Creative Card Making 2p Bus to Vote 4p Sybarite5 Chamber Music 7p Bus: Players 7:30p Movie: Revolutionary Road	9 8:30a Total Fitness 8:30a Aqua Fit 9:30a Chair Massage 9:30a Art Class 10a Sit Fit 10:30a Chapel 2p Scrabble 2p Tap Dancing 3:30p 92nd Street Y	10 8:15a Aqua Fit 8:30a Tai Chi Meditation 9a Tai Chi 9:45a Body Moves 10:30a Catholic Mass 10:30a Line Dancing 4p Bocce 5p Bus: White Buffalo 5:15p Jim in the Cafe 7:45p Architectural Trends	11 Veterans Day 8:30a Total Fitness 8:30a Aqua Therapy 10a Sit Fit 11a Chapel Talk 4p Book Discussion 	12 9:30a Board of Diretors 11a Yoga 6:45p Bus: Artist Series
13 2p Movie: Guys and Dolls 7p Movie: Constant Gardener	14 8:30a Total Fitness 8:30a Aqua Fit 10a Sit Fit 2p Tap Dancing 4p New Residents Reception 7:30p Night Manager Series	15 8:15a Aqua Fit 8:30a Tai Chi 9:45a Body Moves 10:30a Line Dancing 3p Caregivers Support Group 7:30p Movie: The Gift 7:30p Bus: WBTT	16 8:30a Total Fitness 8:30a Aqua Fit 9:30a Chair Massage 9:30a Art Class 10a Sit Fit 10:30a Chapel 2p Scrabble 2p Tap Dancing 3p Health Matters: Diabetes	17 8:15a Aqua Fit 8:30a Tai Chi Meditation 9a Tai Chi 9:45a Body Moves 10:30a Line Dancing 2p Feldenkrais 4p Bocce 6p Paul in the Cafe 7:45p SRQ Jewish Chorale	18 8:30a Total Fitness 8:30a Aqua Therapy 10a Sit Fit 10a Cafe Chat: Harry 11a Chapel Talk	19 10a eTeam 11a Yoga 1:30p Bus: Ballet
20 2p Movie: An American in Paris 7p Movie: The Turn of the Screw	21 8:30a Total Fitness 8:30a Aqua Fit 10a Sit Fit 2p Tap Dancing 7:30p Night Manager Series	22 8:15a Aqua Fit 8:30a Tai Chi 9:30a Chair Massage 9:45a Body Moves 10:30a Line Dancing 5:15p Jim in the Cafe 7:30p Movie: Breakfast at Tiffany's	23 8:30a Total Fitness 8:30a Aqua Fit 9:15a Thanksgiving reception 9:30a Chair Massage 10a Sit Fit 10a Thanksgiving Service 2p Scrabble 2p Tap Dancing	24 Thanksgiving 10:30a Catholic Mass 	25 8:30a Total Fitness 10a Sit Fit 4p Two of a Kind	26 9:30a Colony Meetings 11a Yoga
27 2p Movie: The King and I 7p Movie: Dead Poets Society	28 8:30a Total Fitness 8:30a Aqua Fit 10a Sit Fit 10a to 2 : Shop at Home Boutique 2p Tap Dancing 7:30p Night Manager Series	29 8:15a Aqua Fit 8:30a Tai Chi 9:45a Body Moves 10a Cafe Chat: Rene 10:30a Line Dancing 11:30a Moral Conversations 7:30p Movie: The Desperate Hours	30 8:30a Total Fitness 8:30a Aqua Fit 9:30a Chair Massage 9:30a Art Class 10a Sit Fit 10:30a Chapel 2p Scrabble 2p Tap Dancing 3p Art & Artists 6:45p Bus: Asolo			