

# October 2014

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<b>1</b> 8:30a Functional Fitness 10a Sit Fit 10:30a Chapel 11a Yoga 11a Equipment Orientation 2p Scrabble 3p Ballroom Dancing 4p Rosh Hashanah/Yom Kippur Service	<b>2</b> 8a Flu Clinic 8:30a Meditation 8:30a Aqua Fit 9a Tai Chi 10a Body Moves 11a Line Dancing 5:30p Paul in the Cafe	<b>3</b> Yom Kippur at Sundown	<b>4</b> 10a eTeam Clinic
<b>5</b> 2p Movie: Railway Man 7p Movie: Railway Man	<b>6</b> 8:30a Functional Fitness 10a Sit Fit 11a Better Balance 11a Equipment Orientation 3p Zumba Gold 3p Foundation Forum: Alzheimers Update	<b>7</b> 8:30a Aqua Fit 8:30a Tai Chi 10a Body Moves 11a Line Dancing 3p Xbox Kinect 4:30p Mezzanine Art Reception 7:45p Movie: Iris	<b>8</b> 8:30a Functional Fitness 10a Sit Fit 10:30a Chapel 11a Yoga 11a Equipment Orientation 1 to 4 Home Health Open House 2p Scrabble 3p Ballroom Dancing	<b>9</b> 8:30a Meditation 8:30a Aqua Fit 9a Tai Chi 9:45a Fire Drill 10a Body Moves 10:30a Catholic Mass 11a Line Dancing 5:15p Jim in the Cafe 7:45p Frank Alcock: Amendments	<b>10</b> 8:30a Total Body Challenge 10a Sit Fit 10a Café Chat Harry 10:15a Bus: WWSB-TV 10:30a Chapel Talk 11a Better Balance 11a Equipment Orientation 3p Xbox Kinect 5:30p Oktoberfest Buffet	<b>11</b> 9:30a Board of Directors 10a eTeam Clinic 7p French Film
<b>12</b> 2p Movie: Inn of the Sixth Happiness 7p Movie: Inn of the Sixth Happiness	<b>13</b> <b>Columbus Day</b> 8:30a Functional Fitness 9a Mature Driver Course 10a Sit Fit 11a Better Balance 11a Equipment Orientation 3p Zumba Gold	<b>14</b> 8:30a Aqua Fit 8:30a Tai Chi 10a Body Moves 11a Line Dancing 11a Episcopal Eucharist 2p Cafe Chat - Rene 3p Xbox Kinect 7:45p Sarasota's Hidden History	<b>15</b> 8:30a Functional Fitness 10a Sit Fit 10:30a Chapel 11a Yoga 11a Equipment Orientation 2p Scrabble 3p Ballroom Dancing	<b>16</b> 8:30a Meditation 8:30a Aqua Fit 9a Tai Chi 10a Body Moves 11a Line Dancing 5:30p Paul in the Cafe	<b>17</b> 8:30a Total Body Challenge 10a Sit Fit 10:30a Chapel Talk 11a Better Balance 11a Equipment Orientation 3p Xbox Kinect 3p Book Discussion 7:45p Between Gaza & Jerusalem	<b>18</b> 10a eTeam Clinic
<b>19</b> 2p Movie: Ida 7p Movie: Ida	<b>20</b> 8:30a Functional Fitness 9:30a Pierian: Symphonic Life 10a Sit Fit 11a Better Balance 11a Equipment Orientation 3p Zumba Gold	<b>21</b> 8:30a Aqua Fit 8:30a Tai Chi 10a Body Moves 11a Line Dancing 2p Cafe Chat - Rene 3p Caregiver Support 3p Xbox Kinect 7:45p Movie: Serendipity	<b>22</b> 8:30a Functional Fitness 10a Sit Fit 10:30a Chapel 11a Yoga 11a Equipment Orientation 2p Scrabble 3p Ballroom Dancing 3p Babette Bach: End of Life Issues	<b>23</b> 8:30a Meditation 8:30a Aqua Fit 9a Tai Chi 10a Body Moves 10:30a Catholic Mass 11a Line Dancing 3p Sing Along 5:15p Jim in the Cafe	<b>24</b> 8:30a Total Body Challenge 10a Sit Fit 10:30a Chapel Talk 11a Better Balance 11a Equipment Orientation 3p Xbox Kinect	<b>25</b> 9:30a Colony Meeting 10a eTeam Clinic 1:15p Bus: Ballet
<b>26</b> 2p Movie: All the President's Men 7p Movie: All the President's Men	<b>27</b> 8:30a Functional Fitness 9:30a Pierian: Symphonic Life 10a Sit Fit 11a Better Balance 11a Equipment Orientation 3p Zumba Gold 4p Have I Got A Story	<b>28</b> 8:30a Aqua Fit 8:30a Tai Chi 10a Body Moves 11a Line Dancing 2p Cafe Chat - Rene 3p Xbox Kinect 7:45p Movie: Chef	<b>29</b> 8:30a Functional Fitness 10a Sit Fit 10:30a Chapel 11a Yoga 11a Equipment Orientation 2p Scrabble 3p Ballroom Dancing 3p Art & Artists 5p Bus: Roessler's	<b>30</b> 8:30a Meditation 8:30a Aqua Fit 9a Tai Chi 10a Body Moves 11a Line Dancing 3p Feldenkrais 5:30p Paul in the Cafe	<b>31</b> <b>Halloween</b> 8:30a Total Body Challenge 10a Sit Fit 10:30a Chapel Talk 11a Better Balance 11a Equipment Orientation 3p Xbox Kinect 4p Resident Meeting: 2015 Budget 6:00p Halloween Dance	