




Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <b>Plymouth Harbor</b> <b>October 2016</b> 						 1 10a eTeam 11a Yoga
2 2p Movie: Aloha 7p Movie: Aloha	<b>3 Rosh Hashanah</b> 8:30a Total Fitness 8:30a Aqua Fit 10a Sit Fit 2p Tap Dancing 5p Mezzanine Art Reception 7:45p Movie Series: Prime Suspect	<b>4</b> 8:15a Aqua Fit 8:30a Tai Chi 9:45a Body Moves 10:30a Line Dancing 2p Cafe Chat: Rene 4p Lera Auerbach: Borderless Creativity 7p Bus: Players 7:45p Movie: The Wave	<b>5</b> 8:30a Total Fitness 8:30a Aqua Fit 9:30a Chair Massage 10a Sit Fit 10:30a Chapel 2p Scrabble 2p Tap Dancing 2p Blessing of Animals 4p Rosh Hashanah/Yom Kippur	<b>6</b> 8:15a Aqua Fit 8:30a Tai Chi Meditation 9a Tai Chi 9:45a Body Moves 10:30a Line Dancing 4p Bocce 6:00p Paul in the Cafe 7:45p The Haven	<b>7</b> 8:30a Total Fitness 8:30a Aqua Therapy 10a Sit Fit 10:30a Chapel Talk	<b>8</b> 11a Yoga
<b>9</b> 2p Movie: Walk the Line 7p Movie: Walk the Line	<b>10 Columbus Day</b> 8a -11 Flu Clinic 8:30a Total Fitness 8:30a Aqua Fit 10a Sit Fit 11a Muse Moments 1p -4 Flu Clinic 2p Tap Dancing 7:45p Movie Series: Prime Suspect	<b>11</b> 8:15a Aqua Fit 8:30a Tai Chi 9a Chair Massage 9:45a Body Moves 10a Eyeglass Adjustments 10:30a Line Dancing 11a Episcopal Eucharist 7:45p Movie: Mr. Deeds Goes to Town	<b>12 Yom Kippur</b> 8:30a Total Fitness 8:30a Aqua Fit 9:30a Chair Massage 10a Sit Fit 10:30a Chapel 2p Scrabble 2p Tap Dancing 3:30p 92nd Street Y	<b>13</b> 8:15a Aqua Fit 8:30a Tai Chi Meditation 9a Tai Chi 9:45a Body Moves 10a Fire Drill 10:30a Catholic Mass 10:30a Line Dancing 4p Bocce 5:15p Jlm in the Cafe 7:45p Electoral College	<b>14</b> 8:30a Total Fitness 8:30a Aqua Therapy 9:45a Bus: The Haven 10a Sit Fit 10:30a Chapel Talk 4p Book Discussion 7:15p Bus: RIAF Border Crossings	<b>15</b> 9:30a Board of Directors 10a eTeam 11a Yoga 1:15p Bus: RIAF Doug Elkins
<b>16</b> 1:15p Bus: RIAF Gravity 2p Movie: A Separation 4:15p Bus: RIAF The Pianist 7p Movie: A Separation	<b>17</b> 8:30a Total Fitness 8:30a Aqua Fit 10a Sit Fit 2p Tap Dancing 7:45p Movie Series: Prime Suspect	<b>18</b> 8:15a Aqua Fit 8:30a Tai Chi 9:45a Body Moves 10:30a Line Dancing 10:30a Bus: The Hermitage 3p Caregiver Support 7:45p Movie: The Human Stain	<b>19</b> 8:30a Total Fitness 8:30a Aqua Fit 9:30a Chair Massage 10a Sit Fit 10:30a Chapel 2p Scrabble 2p Tap Dancing 5:15p Bus: Mozaic Restaurant	<b>20</b> 8:15a Aqua Fit 8:30a Tai Chi Meditation 9a Tai Chi 9:45a Body Moves 10a Hearing Loss 10:30a Line Dancing 4p Bocce 6:00p Paul in the Cafe 7:45p Jeff Rodgers, South Florida Museum	<b>21</b> 8:30a Total Fitness 8:30a Aqua Therapy 10a Sit Fit 10a Cafe Chat: Harry 11a Chapel Talk 4p Health Matters	<b>22</b> 11a Yoga
<b>23</b> 2p Movie: Inventing the Abbots 7p Movie: Inventing the Abbots	<b>24</b> 8:30a Total Fitness 8:30a Aqua Fit 10a Sit Fit 2p Tap Dancing 7:45p Movie Series: Prime Suspect	<b>25</b> 8:15a Aqua Fit 8:30a Tai Chi 9a Chair Massage 9:45a Body Moves 10a Cafe Chat: Rene 10:30a Line Dancing 11:30a Book Lunch: Tribe 2:00p Creative Cardmaking 7:45p Movie: Hologram for a King	<b>26</b> 8:30a Total Fitness 8:30a Aqua Fit 10a Sit Fit 10:30a Chapel 2p Scrabble 2p Tap Dancing 3p Art & Artists 7:45p Ballot Amendments	<b>27</b> 8:15a Aqua Fit 8:30a Tai Chi Meditation 9a Tai Chi 9:45a Body Moves 10:30a Catholic Mass 10:30a Line Dancing 2p Feldenkrais 4p Bocce 5:15p Jim in the Cafe 7:45p Women of Valor	<b>28</b> 8:30a Total Fitness 8:30a Aqua Therapy 10a Sit Fit 11a Chapel Talk 2p & 4p 2017 Budget Meeting 5p Halloween Dance	<b>29</b> 9:30a Colony Meetings 11a Yoga 1:15p Bus: Ballet
<b>30</b> 1p Bus: Opera 2p Movie: Jane Got Her Gun 7p Movie: Jane Got Her Gun	<b>31 Halloween</b> 8:30a Total Fitness 8:30a Aqua Fit 10a Sit Fit 2p Tap Dancing 7:45p Movie Series: Prime Suspect					