

# September 2014

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>LABOR DAY</b> 1 8:30a Functional Fitness 10a Sit Fit 11a Better Balance 3p Zumba Gold	2 8:30a Aqua Fit 8:30a Tai Chi 10a Body Moves 11a Line Dancing 7:45p Movie: Mrs. Doubtfire	3 8:30a Functional Fitness 10a Sit Fit 10:30a Chapel 11a Yoga 2p Scrabble	4 8:30a Meditation 8:30a Aqua Fit 9a Tai Chi 10a Body Moves 11a Line Dancing 5:30p Paul in the Cafe 7:45p The Missing Universe	5 9a Total Body Challenge 10a Sit Fit 10a Cafe Chat: Harry 10:30a Chapel Talk 11a Better Balance	6 9a Firefighters Stair Challenge 10a eTeam Clinic
7 2p Movie: About Time 7p Movie: About Time	8 8:30a Functional Fitness 10a Sit Fit 11a Better Balance 3p Zumba Gold 7:45p Afternoon Delight Barbershop Quartet	9 8:30a Aqua Fit 8:30a Tai Chi 10a Body Moves 11a Line Dancing 11a Episcopal Eucharist 2p Cafe Chat: Rene 7:45p Movie: The Entertainer	10 8:30a Functional Fitness 10a Sit Fit 10:30a Chapel 11a Yoga 2p Scrabble	11 8:30a Meditation 8:30a Aqua Fit 9a Tai Chi 10a Body Moves 10:30a Catholic Mass 11a Line Dancing 5:15p Jim in the Cafe	12 10:30a Chapel Talk 10:30a GRAND OPENING FITNESS CENTER	13 9:30a Board of Directors 10a eTeam Clinic 7p French Film
14 2p Movie: Renoir 7p Movie: Renoir	15 8:30a Functional Fitness 10a Sit Fit 11a Better Balance 3p Zumba Gold	16 8:30a Aqua Fit 8:30a Tai Chi 10a Body Moves 11a Line Dancing 2p Cafe Chat: Rene 3p Caregiver Support 3p Xbox Kinect 7:30p Bus: Players 7:45p Movie: Shadow of a Doubt	17 8:30a Functional Fitness 10a Sit Fit 10:30a Chapel 11a Yoga 2p Scrabble 3p Art & Artists 3p Ballroom Dancing	18 8:30a Meditation 8:30a Aqua Fit 9a Tai Chi 9:30a Bus: Backstage Ballet Tour 10a Body Moves 11a Line Dancing 5:30p Paul in the Cafe	19 9a Total Body Challenge 10a Sit Fit 10:30a Chapel Talk 11a Better Balance 3p Xbox Kinect 6p -8:30 Toastmasters	20 7a Bus: Heart Walk 10a eTeam Clinic
21 2p Movie: The Sound of Music 7p Movie: The Sound of Music	22 8:30a Functional Fitness 10a Sit Fit 11a Better Balance 3p Zumba Gold 5:30p Bus: Louies Modern	23 8:30a Aqua Fit 8:30a Tai Chi 10a Body Moves 11a Line Dancing 2p Cafe Chat: Rene 3p Xbox Kinect 7:45p Movie: Grand Piano	24 8:30a Functional Fitness 10a Sit Fit 10:30a Chapel 11a Yoga 2p Scrabble 3p Ballroom Dancing	25 <b>Rosh HaShanah</b> 8:30a Meditation 8:30a Aqua Fit 9a Tai Chi 10a Body Moves 10:30a Catholic Mass 11a Line Dancing 3p Feldenkrais Method 5:15p Jim in the Cafe	26 9a Total Body Challenge 10a Sit Fit 10:30a Chapel Talk 11a Better Balance 3p Xbox Kinect	27 9a -5:00 Sarasota's Got Talent Auditions 9:30a Colony Meeting 10a eTeam Clinic
28 2p Movie: Nebraska 7p Movie: Nebraska	29 8:30a Functional Fitness 10a Sit Fit 10a -11:30 New Resident Coffee 11a Better Balance 3p Zumba Gold	30 8:30a Aqua Fit 8:30a Tai Chi 10a Body Moves 11a Line Dancing 2p Cafe Chat: Rene 3p Xbox Kinect 4:30p Childrens Guardian Fund 7:45p Movie: Nights in Rodanthe				