

September 2016 -- Plymouth Harbor

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
				1	2	3	
				8:15a Aqua Fit 8:30a Tai Chi Meditation 9a Tai Chi 9:45a Body Moves 10:30a Line Dancing 11:30a Bus: Sweet Tomatoes 2p Beginner Bridge 4p Indoor Group Games 5:15p Jim in the Cafe 7:45p Sahara (part 1)	8:30a Total Fitness 8:30a Aqua Therapy 10a Sit Fit 10:30a Chapel Talk		
4	LABOR DAY 8:30a Total Fitness 8:30a Aqua Fit 10a Sit Fit 7:45p Movie Series: Prime Suspect 	5	6	7	8	9	10
2p Movie: The Man Who Would Be King 7p Movie: The Man Who Would Be King		8:15a Aqua Fit 8:30a Tai Chi 9:45a Body Moves 10:30a Line Dancing 6p Paul in the Cafe 7:45p Movie: A Separate Peace	8:30a Total Fitness 8:30a Aqua Fit 9:30a Chair Massage 10a Sit Fit 10:30a Chapel 2p Scrabble 2p Tap Dancing 4p TED Talks	8:15a Aqua Fit 8:30a Tai Chi Meditation 9a Tai Chi 9:45a Body Moves 10:30a Catholic Mass 10:30a Line Dancing 2p Beginner Bridge 4p Indoor Group Games 7:45p Sahara (part 2)	8:30a Total Fitness 8:30a Aqua Therapy 10a Sit Fit 10:30a Chapel Talk 5:15p Bus: "The Audience" at Historic Asolo	9:30a Board of Directors 10a eTeam 11a Yoga	
11	12	13	14	15	16	17	
2p Movie: The Perfect Storm 7p Movie: The Perfect Storm	8:30a Total Fitness 8:30a Aqua Fit 10a Sit Fit 11a Muse Moments 2p Tap Dancing 7:45p Movie Series: Prime Suspect	8:15a Aqua Fit 9:30a Chair Massage 9:45a Body Moves 10a Eyeglass Adjustments 10a Cafe Chat: Rene 10:30a Line Dancing 11a Episcopal Eucharist 7:45p Movie: A Farewell to Fools	8:30a Total Fitness 8:30a Aqua Fit 9:30a Chair Massage 10a Sit Fit 10:30a Chapel 2p Scrabble 2p Tap Dancing	8:15a Aqua Fit 9:45a Body Moves 10:30a Line Dancing 4p Indoor Group Games 6p Paul in the Cafe 7:45p Asolo Conservatory	8:30a Total Fitness 8:30a Aqua Therapy 10a Sit Fit 10a Cafe Chat: Harry 10:30a Chapel Talk	10a eTeam 11a Yoga	
18	19	20	21	AUTUMN BEGINS 	23	24	
2p Movie: The Sentinel 7p Movie: The Sentinel	8:30a Total Fitness 8:30a Aqua Fit 10a Sit Fit 2p Tap Dancing 4p Calculus in the Congo 7:45p Movie Series: Prime Suspect	8:15a Aqua Fit 8:30a Tai Chi 9:45a Body Moves 10:30a Line Dancing 11:30a Summer Book Luncheon 3p Caregiver Support 7:45p Movie: Bernie	8:30a Total Fitness 8:30a Aqua Fit 9:30a Chair Massage 10a Sit Fit 10:30a Chapel 2p Scrabble 2p Tap Dancing 3p Art & Artists	8:15a Aqua Fit 8:30a Tai Chi Meditation 9a Tai Chi 9:45a Body Moves 10:30a Catholic Mass 10:30a Line Dancing 4p Indoor Group Games 5:15p Jim in the Cafe 7:45p Susan MacManus	8:30a Total Fitness 8:30a Aqua Therapy 10a Sit Fit 10:30a Chapel Talk	9:30a Colony Meeting 11a Yoga	
25	26	27	28	29	30		
2p Movie: Nine 7p Movie: Nine	8:30a Total Fitness 8:30a Aqua Fit 10a Sit Fit 2p Tap Dancing 7:45p Movie Series: Prime Suspect	8:15a Aqua Fit 8:30a Tai Chi 9:30a Chair Massage 9:45a Body Moves 10:30a Line Dancing 7:45p Movie: Enough Said	8:30a Total Fitness 8:30a Aqua Fit 9:30a Chair Massage 10a Sit Fit 10:30a Chapel 2p Scrabble 2p Tap Dancing 6:30p Bus: CineBistro	8:15a Aqua Fit 8:30a Tai Chi Meditation 9a Tai Chi 9:45a Body Moves 10:30a Line Dancing 2p Feldenkrais 4p Indoor Group Games 6p Paul in the Cafe 7:45p John Goodman: Madama Butterfly	8:30a Total Fitness 8:30a Aqua Therapy 10a Sit Fit 10:30a Chapel Talk		