

# July 2014

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 8:30a Aqua Fit 10a Body Moves 11a Line Dancing 2p Cafe Chat - Rene 3p Tai Chi 7:45p Movie: Extraordinary Measures	2 8:30a Functional Fitness 10a Sit Fit 10:30a Chapel 11a Yoga 2p Scrabble	3 10a Aqua Fit 11a Line Dancing 3p Executive Council 5:15p Jim in the Cafe	4 FOURTH OF JULY 9a Total Body Challenge 10a Sit Fit 11a Better Balance 	5
6 2p Movie: August: Osage County 7p Movie: August: Osage County	7 8:30a Functional Fitness 10a Sit Fit 11a Better Balance 4p Jazz Pianist Mike Markaverich	8 8:30a Aqua Fit 10a Body Moves 11a Line Dancing 11a Episcopal Eucharist 7:45p Movie: Sleeper	9 8:30a Functional Fitness 10a Sit Fit 10:30a Chapel 11a Yoga 2p Scrabble 7:30p Bus: Banyan Theatre	10 10a Fire Drill 10a Aqua Fit 10:30a Catholic Mass 11a Line Dancing 5:30p Paul in the Cafe	11 9a Total Body Challenge 10a Sit Fit 10a Cafe Chat: Harry 10:30a Chapel Talk 11a Better Balance	12 10a eTeam Clinic 7p French Film
13 2p Movie: Alice Doesn't Live Here ... 7p Movie: Alice Doesn't Live Here ...	14 8:30a Functional Fitness 10a Sit Fit 11a Better Balance	15 8:30a Aqua Fit 10a Body Moves 11a Line Dancing 2p Cafe Chat - Rene 3p Tai Chi 3p Caregiver Support 7:45p Movie: Frozen	16 8:30a Functional Fitness 10a Sit Fit 10:30a Chapel 11a Yoga 2p Scrabble 3p Feldenkrais Method	17 8:30a Meditation 8:30a Beach Walk 9a Tai Chi 10a Aqua Fit 11a Line Dancing 5:15p Jim in the Cafe 7:45p Georgia O'Keeffe	18 9a Total Body Challenge 10a Sit Fit 10:30a Chapel Talk 11a Better Balance	19 10a eTeam Clinic
20 1:30p Bus: Players 2p Movie: Joe 7p Movie: Joe	21 8:30a Functional Fitness 10a Sit Fit 11a Better Balance	22 8:30a Aqua Fit 10a Body Moves 11a Line Dancing 3p Tai Chi 7:45p Movie: The Maltese Falcon	23 8:30a Functional Fitness 10a Sit Fit 10:30a Chapel 11a Yoga 2p Scrabble 5p Bus: Rosebud's	24 8:30a Meditation 8:30a Beach Walk 9a Tai Chi 10a Aqua Fit 10:30a Catholic Mass 11a Line Dancing 5:30p Paul in the Cafe 7:45p Music of Richard Rodgers	25 9a Total Body Challenge 9a Bus: Museums for Chinese Artists 10a Sit Fit 10:30a Chapel Talk 11a Better Balance	26 10a eTeam Clinic
27 2p Movie: Gran Torino 2:30p Bus: Florida Studio Theatre 7p Movie: Gran Torino	28 8:30a Functional Fitness 10a Sit Fit 11a Better Balance	29 8:30a Aqua Fit 10a Body Moves 11a Line Dancing 3p Tai Chi 7:45p Movie: Bringing Up Baby	30 8:30a Functional Fitness 10a Sit Fit 10:30a Chapel 11a Yoga 2p Scrabble 3p Art & Artists 7:30p Bus: Banyan Theatre	31 8:30a Meditation 8:30a Beach Walk 9a Tai Chi 10a Aqua Fit 11a Line Dancing 5:15p Jim in the Cafe 7:45p Life of Birds DVD		